

## Body Revivers

### Massages

30 mins - £45, 45 mins - £60, 60 mins - £72,  
90 mins - £97

- Deep Tissue / Sports Massage, or
- Relaxation /Hot Stones, or
- Cupping Therapy

### Menopause Balance - £75 Allow 1 hour

*Using accupressure points, therapeutic massage and application of an accupressure seed to ease symptoms.*

### Lymphatic Drainage Massage - £72 Allow 1 hour

*Gentle movements to move the lymph which is just underneath the skin. Improves immune system, supports detoxification and deeply relaxing.*

### Warm Bamboo & Hot Stone Massage - £47 for 30 mins, £75 for 60 mins

*This massage releases knots using warm bamboo sticks for added pressure and hot stones for relaxation.*

### Warm Himalayan Salt Ritual - £75 Allow 1 hour

*A back, neck & shoulder massage using warmed salt balls for added mineral benefits. Finished with a scalp & foot massage to totally calm the mind.*

### Stressbuster Massage £60- Allow 45 mins

*Back, neck & shoulder massage using hot stones to calm body and mind, finished with a relaxing scalp massage.*

## Combination Treatments

### Ultimate Bliss - £138 Allow 2 hours

*An invigorating full body scrub and massage, followed by a manual lymphatic drainage facial massage & tired eye treatment with ice globes. Plus a scalp & foot massage.*

### Spoil Me - £138 Allow 2 hours

*A foot bath & scrub, a relaxing full body massage. Drift away with a luxurious facial plus scalp & foot massage.*

### Scrub and Glow - £80 Allow 1 hour

*Starting with a back scrub & a relaxing hot stone back massage. On to your face, microdermabrasion removes dry, dead skin & leaves your face glowing. Finished with Dermalux LED therapy to stimulate collagen production and plump out fine lines.*

### Indulge Me - £199 Allow 3 hours

*Begin with an aromatic foot ritual with hydrating hand and foot masks. Melt into a full body massage with hot stones & himalayan salts, with a soothing fire & ice facial. Drift away with a scalp, hand & foot massage to fully rest and reset.*

### Harmony Hour - £ 75 Allow 1 hour

*A blissful combination comprising of a relaxing back massage, fire & ice facial, and a Thai foot treatment to harmonise the senses.*

## Hand and Feet Treats

### Tired Leg and Feet Treat - £40 Allow 30 mins

*Luxurious massage on the legs and feet following a warming foot soak and exfoliation.*

### Natural Revival for Hands -£35 Allow 30mins

*Soak, Nail shape & cuticle tidy, exfoliate, moisture mask, hand & arm massage and completed by the nails buffed to a healthy shine.*

### Express Manicure or Precision Dry Pedicure -

**£38 gel polish or varnish (£43 including removal\*) Allow 45 mins**

*Nail prep, cuticle tidy, file, polish & cuticle oil.*

### Luxury Spa Manicure/Pedicure - £48 (£53

**including removal\*) Allow 1 hour**

*Express but also includes a soak, scrub, mask and massage.*

### Removal of Gel Polish & Tidy Up - £28 Allow 30 mins

*\*Please note we only remove our own gel polish*



## Treatment List

Pot House Hamlet,  
Silkstone, Barnsley, S75 4JU

Call us on 01226 790149

[www.body-revive.co.uk](http://www.body-revive.co.uk)

Visit our website to see our full treatment list, to book online and to see our monthly special offers.

Gift vouchers can be purchased on our website or in salon.

### Opening Hours:

Monday 12pm - 6:30pm

Tuesday & Thursday 9am - 7pm

Wednesday 9am - 6.30pm

Friday 10am - 5pm

Saturday 10am - 4pm

Sunday 10am - 3pm

June 26 Edition

